

# **A CHALLENGE ON CHALLENGES - DAY 2**

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What will you name your challenge? (Remember - clear and cute, but clear above all!)

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How many days do you want your challenge to be? (My recommendation is no more than 7 days!)

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How do you want to deliver the information? (Videos, PDFs, Livestreams, etc)

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How will you break down the steps by day? (Small, digestible chunks please!)

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What will be the “challenge” each day? (Remember, we want a challenge but not a lot of steps!)

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